



AMERICAN  
SPEECH-LANGUAGE-  
HEARING  
ASSOCIATION

Parents' Choice  
REVIEWING CHILDREN'S MEDIA  
Since 1978

For Musicians



## The Buds' Pledge

Because I am a musician, music is a very important part of my life.

Because I want to preserve my ability to hear my own music and the music of others for a lifetime, I am taking the Buds' Pledge.

As a Parents' Choice Award-winning musician I pledge to:

SHARE the Buds' safe listening message with kids.

LISTEN to my Buds by lowering the volume on my personal listening device and limiting my listening time.

ENCOURAGE my fellow musicians to protect their own hearing by signing the Buds' Pledge and joining me as a member of the Buds' Safe Listening Coalition sponsored by the American Speech-Language Hearing Association.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date